

## ENTREES

Italian Beef and Spinach Meatballs,

<https://www.skinnytaste.com/skinny-italian-spinach-meatballs/>

Lemon Chili Shrimp Quinoa Bowls, <https://www.skinnytaste.com/shrimp-quinoa-bowl/>

Greek Chicken Meal Prep Rice Bowls,

<https://www.skinnytaste.com/greek-chicken-meal-prep-rice-bowls/>

Pork Chops with Mushrooms and Shallots,

<https://www.skinnytaste.com/pork-chops-with-mushrooms-and-shallots/>

Creamy Roasted Cauliflower Chowder,

<https://www.skinnytaste.com/creamy-roasted-cauliflower-chowder/>

## SIDES

Butternut Squash Mac and Cheese,

<https://www.skinnytaste.com/butternut-squash-mac-and-cheese/>

Parmesan Crusted Roasted Delicata Squash,

<https://www.skinnytaste.com/parmesan-crusted-delicata-squash/>

Wilted Baby Spinach with Garlic and Oil,

<https://www.skinnytaste.com/wilted-baby-spinach-with-garlic-and-oil/>

Cilantro-Lime Roasted Cauliflower,

<https://www.skinnytaste.com/cilantro-lime-roasted-cauliflower/>

Broccoli and Orzo, <https://www.skinnytaste.com/broccoli-and-orzo/>

## BREAKFAST

Easy Healthy Turkey Chorizo, <https://www.skinnytaste.com/easy-healthy-turkey-chorizo/>

Crustless Ham and Cheese Quiche,

<https://www.skinnytaste.com/crustless-ham-and-cheese-quiche/>

Yogurt Waffles, <https://www.skinnytaste.com/yogurt-waffles/>

Instant Pot Steel Cut Oats, <https://www.skinnytaste.com/instant-pot-steel-cut-oats/>

Breakfast Pizza, <https://www.skinnytaste.com/breakfast-pizza/>