

## **ENTREES**

Grilled Vegetable Wrap with Balsamic Mayo,

<https://www.eatthis.com/grilled-vegetable-wrap-recipe/>

Blackened Fish Sandwich with Avocado and Cabbage,

<https://www.eatthis.com/blackened-fish-sandwich-recipe/>

Chicken Shawarma Bowls, <https://whatsgabycooking.com/chicken-shawarma-bowls/>

One Pan Healthy Sausage and Veggies,

[https://www.chelseasmessyapron.com/one-pan-healthy-sausage-and-veggies/#\\_a5y\\_p=5830687](https://www.chelseasmessyapron.com/one-pan-healthy-sausage-and-veggies/#_a5y_p=5830687)

Korean Beef Rice Bowl, <https://www.skinnytaste.com/korean-beef-rice-bowls/>

## **SIDES and SALADS**

The Simplest Greek Chicken Salad, <https://www.eatthis.com/greek-salad-recipe/>

Green Monster Salad, <https://whatsgabycooking.com/green-monster-salad/>

Skillet Mexican Zucchini, <https://www.skinnytaste.com/skillet-mexican-zucchini/>

Sheet Pan Cauliflower Fried Rice, <https://therealfoodrds.com/sheet-pan-cauliflower-fried-rice/>

The Best Grilled Corn on the Cobb, <https://cookieandkate.com/best-grilled-corn-recipe/>

## **BREAKFAST**

Customizable Oatmeal, <https://www.eatthis.com/paleo-oatmeal-recipe/>

Mediterranean Tofu Scramble,

<https://www.eatthis.com/a-10-minute-mediterranean-tofu-scramble-recipe/>

Breakfast Veggie Burger, <https://www.eatthis.com/breakfast-veggie-burger-recipe/>

Fiber-filled Breakfast Burrito, <https://www.eatthis.com/breakfast-burrito/>

Baked Eggs with Spinach and Mushrooms, <https://www.eatthis.com/baked-egg-and-spinach/>