

## ENTREES

Mediterranean Quesadillas with Roasted Garlic Hummus,

<https://www.rachaelhartleynutrition.com/blog/2017/05/mediterranean-quesadillas>

Salmon Croquettes with Dill Sauce,

<https://www.skinnytaste.com/salmon-croquettes-with-dill-sauce/>

Grilled Chicken with Spinach and Melted Mozzarella,

<https://www.skinnytaste.com/grilled-chicken-with-spinach-and-melted/>

Vegetarian Black Bean Tacos, <https://www.skinnytaste.com/black-bean-tacos/>

Broccoli Beef, <https://www.skinnytaste.com/broccoli-beef/>

## SIDES and SALADS

Roasted Potato Salad with Egg and Herb Vinaigrette,

<https://karalydon.com/recipes/roasted-potato-salad-with-egg/>

Pantry-Friendly Salad Recipes, <https://karalydon.com/recipes/pantry-friendly-salad-recipes/>

Baked Eggplant Sticks, <https://www.skinnytaste.com/baked-eggplant-sticks/>

Orzo with Zucchini and Tomato, <https://www.skinnytaste.com/orzo-with-zucchini-and-tomato/>

Whole Roasted Baby Cauliflower, <https://www.skinnytaste.com/whole-roasted-baby-cauliflower/>

## BREAKFAST

Tex-Mex Migas, <https://www.rachaelhartleynutrition.com/blog/2015/06/classic-migas>

Farro Breakfast Bowl, <https://karalydon.com/recipes/farro-breakfast-bowl/>

Caramelized Onion, Red Pepper, Zucchini Frittata,

<https://www.skinnytaste.com/caramelized-onion-red-pepper-and/>

Omelet Tortilla Breakfast Wrap, <https://www.skinnytaste.com/omelet-tortilla-breakfast-wrap/>

Banana Pancake Cereal, <https://www.skinnytaste.com/banana-pancake-cereal/>