

## ENTREES

Taco Soup (Instant Pot, Slow Cooker, Stovetop),

<https://therealfoodrds.com/instant-pot-taco-soup/>

Sheet Pan Mediterranean Chicken and Veggies,

<https://therealfoodrds.com/sheet-pan-mediterranean-chicken-and-veggies/>

Baked Fish Sticks with Tartar Sauce, <https://therealfoodrds.com/baked-fish-sticks/>

Thai Green Curry with Spring Vegetables,

<https://cookieandkate.com/thai-green-curry-with-spring-vegetables/>

Roasted Brussels Sprouts and Crispy Baked Tofu with Honey-Sesame Glaze,

<https://cookieandkate.com/roasted-brussels-sprouts-and-crispy-baked-tofu-with-honey-sesame-glaze/>

## SIDES and SALADS

Greek Broccoli Salad, <https://cookieandkate.com/greek-broccoli-salad-recipe/>

Hot Pink Coconut Slaw, <https://cookieandkate.com/coconut-slaw-recipe/>

Vibrant Orange and Arugula Salad, <https://cookieandkate.com/orange-arugula-salad-recipe/>

Lemony Roasted Broccoli, Arugula, and Lentil Salad,

<https://cookieandkate.com/broccoli-arugula-lentil-salad-recipe/>

Herbed Potato Salad, <https://cookieandkate.com/herbed-potato-salad-recipe/>

## BREAKFAST

Avocado Toast (plus tips and variations), <https://cookieandkate.com/avocado-toast-recipe/>

Blueberry Baked Oatmeal, <https://cookieandkate.com/baked-oatmeal-recipe/>

Healthy Banana Bread, <https://cookieandkate.com/healthy-banana-bread-recipe/>

Cinnamon Toast Breakfast Quinoa,

<https://cookieandkate.com/cinnamon-breakfast-quinoa-recipe/>

Honey-Sweetened Almond Chocolate Chip Granola Bars,

<https://cookieandkate.com/healthy-almond-chocolate-chip-granola-bars/>