

## ENTREES

Kielbasa Veggie Sheet Pan, <https://www.skinnytaste.com/kielbasa-veggie-sheet-pan-dinner/>

Lemon-Chili Shrimp Quinoa Bowl, <https://www.skinnytaste.com/shrimp-quinoa-bowl/>

Arroz con Pollo, <https://www.skinnytaste.com/arroz-con-pollo-lightened-up/>

Crockpot Picadillo, <https://www.skinnytaste.com/crock-pot-picadillo/>

Lentil Pasta with Balsamic Glazed Mushrooms,

<https://rachaelsgoodeats.com/lentil-pasta-balsamic-glazed-mushrooms/>

## SIDES

Maple Roasted Butternut Squash,

<https://www.skinnytaste.com/maple-roasted-butternut-squash/>

Whole Roasted Baby Cauliflower, <https://www.skinnytaste.com/whole-roasted-baby-cauliflower/>

Wilted Baby Spinach with Garlic and Oil,

<https://www.skinnytaste.com/wilted-baby-spinach-with-garlic-and-oil/>

Instant Pot Refried Beans, <https://www.skinnytaste.com/refried-beans/>

Sesame Orange Broccoli, <https://www.skinnytaste.com/sesame-orange-broccoli/>

## BREAKFAST

Breakfast Strata with Sausage and Mushrooms,

<https://www.skinnytaste.com/make-over-breakfast-sausage-and/>

Easy Healthy Turkey Chorizo, <https://www.skinnytaste.com/easy-healthy-turkey-chorizo/>

Cinnamon Apple Yogurt Bowls, <https://www.skinnytaste.com/cinnamon-apple-yogurt-bowls/>

Instant Pot Steel Cut Oats, <https://www.skinnytaste.com/instant-pot-steel-cut-oats/>

Meal Prep Breakfast Taco Scramble,

<https://www.skinnytaste.com/meal-prep-breakfast-taco-scramble/>