

ENTREES

Salmon Kebabs, <https://www.skinnytaste.com/these-lovely-grilled-salmon-and-lemon/>

Easy Healthy Chicken and Asparagus Skillet,

<https://mommyshomecooking.com/easy-healthy-chicken-and-asparagus-skillet/>

Burrito Zucchini Boats,

<https://www.delish.com/cooking/recipe-ideas/a19757076/burrito-zucchini-boats-recipe/>

Garlic Butter Turkey Meatballs,

<https://www.delish.com/cooking/recipe-ideas/a26143952/classic-turkey-meatballs-recipe/>

Slow Cooker Mushroom Barley Risotto,

<https://www.foodnetwork.com/recipes/food-network-kitchen/slow-cooker-mushroom-barley-risotto-recipe-2112040>

SIDES and SALADS

Perfectly Grilled Zucchini, <https://www.skinnytaste.com/grilled-zucchini/>

Extra Vegetable Fried Rice, <https://cookieandkate.com/vegetable-fried-rice-recipe/>

Easy Refried Beans, <https://cookieandkate.com/easy-refried-beans-recipe/>

Balsamic Grilled Vegetables, <https://sweetphi.com/balsamic-grilled-vegetables-side-dish-recipe/>

Best Simple Tossed Green Salad,

<https://www.lecremedelacrumb.com/best-simple-tossed-green-salad/>

BREAKFAST

The Very Best Granola, <https://cookieandkate.com/healthy-granola-recipe/>

Simple Yogurt Parfait, <https://www.simplysissom.com/simpleyogurtparfaits/>

Egg and Potato Breakfast Scramble,

<https://cookieandkate.com/egg-and-potato-breakfast-scramble/>

Overnight Oats,

<https://chocolatecoveredkatie.com/2019/03/07/how-to-make-overnight-oats-recipes/>

Breakfast Bowl,

<https://www.shape.com/healthy-eating/healthy-recipes/10-easy-recipes-breakfast-bowls>