

Main Dish

Chicken Parmesan Wraps, <http://www.andiemitchell.com/chicken-parmesan-wraps/>

Stuffed Zucchini Beef and Avocado,

<http://www.andiemitchell.com/stuffed-zucchini-beef-avocado-recipe/>

Southwestern Shrimp Caesar Salad,

<http://www.andiemitchell.com/southwestern-shrimp-caesar-salad-recipe/>

Rosemary Sage Tofu with Brussels Sprouts, Pear, and Goat Cheese,

<http://www.andiemitchell.com/rosemary-sage-tofu-with-roasted-brussels-sprouts-pear-goat-cheese/>

Slow Cooker Chicken Taco Chili,

<http://www.andiemitchell.com/skinnytaste-slow-cooker-chicken-taco-chili-recipe/>

Sides

Garlic Leek Roasted Potato Wedges,

<http://www.andiemitchell.com/garlic-leek-roasted-potato-wedges/>

Parmesan Mashed Cauliflower, <http://www.andiemitchell.com/parmesan-mashed-cauliflower/>

Baked Butternut Squash Fries, <http://www.andiemitchell.com/baked-butternut-squash-fries/>

Stuffed Mushrooms, <http://www.andiemitchell.com/stuffed-mushrooms/>

Tuna Cakes with Scallions and Lemons,

<http://www.andiemitchell.com/tuna-cakes-with-scallions-and-lemon/>

Breakfast

5 Minute Pesto Arugula Breakfast Sandwich,

<https://www.acouplecooks.com/5-minute-pesto-arugula-breakfast-sandwich/>

Pumpkin Pecan Parfaits, <https://www.acouplecooks.com/pumpkin-pecan-parfaits/>

Harvest Vegetable Bake, <https://www.acouplecooks.com/harvest-vegetable-bake/>

How to Poach an Egg, <https://www.acouplecooks.com/poached-egg/>

Superfood Green Smoothie Bowl,

<http://www.andiemitchell.com/superfood-green-smoothie-bowl-recipe/>