

ENTREES

Tropical Tostadas, <https://foodheavenmadeeasy.com/healthy-tropical-tostada-recipe/>

Maple Bacon Sweet Potato Hash

<https://deliciouslittlebites.com/sweet-potato-hash/>

Lemon Basil Chicken

<https://www.wellplated.com/lemon-basil-chicken/#recipe>

SIDES

Sesame Zucchini Noodles, <https://foodheavenmadeeasy.com/savory-sesame-zucchini-noodles/>

Sesame Lime Cabbage Salad

<https://detoxinista.com/sweet-sesame-lime-cabbage-salad/>

BREAKFAST

Steel Cut Oats,

<https://foodheavenmadeeasy.com/savory-steel-cut-oats-w-browned-mushrooms/>

Chipotle Spinach Frittata, <https://foodheavenmadeeasy.com/hearty-chipotle-spinach-frittata/>

Banana Oat Pancakes, <https://foodheavenmadeeasy.com/simple-banana-oatmeal-pancakes/>